

# 7 Survival and Prepping Hacks

The prepping population knows their stuff. Knowing your stuff is sort of the name of the game when it comes to preparing for the worst. It's necessary to be innovative, resourceful and aware in order to be in control when life as we know it changes drastically. There are many different ways that this scenario can play out and, luckily, many prepping practices cover a lot of different possibilities. We know the basics: food storage, water, protection, shelter, etc. But what about the little tips, or prepping hacks, we've learned without thinking about them, little things that make prepping just a little bit easier? We all have some, and here is a list of some survival and prepping hacks I've come across.

## 1. Remember The Crisco

Crisco is an amazing and versatile product. This may not seem like a necessity to have in your storage, but there are many ways that Crisco can be used. It's great for frying food, greasing pans, and making baked goods. It's great for the skin in harsh conditions, scaly skin irritants, and can prevent rashes. Other uses include keeping cockroaches away, makeshift soap, making candles, getting things out of your hair, fixing squeaky hinges, preventing diaper rash, and many others. By putting a wick in a tub of Crisco you will have a candle that will reportedly burn for 45 days. There are other alternatives for Crisco including lard or coconut oil. Crisco, however, has a longer shelf life if stored properly and combines the perks and prepping hacks of these alternatives in one product.

## 2. Get The Seeds

Like I said before, as preppers, we know the importance of

food storage. This practice will be vitally important if we are forced to live off of what we have and aren't able to go out and grab some groceries. It's important to understand food longevity, creative cooking methods, and the ability to hunt. Food storage, however, shouldn't be the only way you are preparing to eat if the worst happens. The downside to food storage is that you are forced to leave a lot behind if you are forced to relocate. The solution to this problem is one of the easiest prepping hacks: buy and store a pack of seeds. This will enable you to grow your own, fresh food source and something easy to barter with. The seeds I'd recommend because of their ease to grow are:

- Beets
- Radishes
- Beans
- Basil
- Strawberries
- Tomatoes

### **3. Don't Forget The Medicine**

Storing medicine is one of the first prepping hacks you should consider. The uses for medicine are an obvious necessity when prepping. It's extremely important to have a stockpile of medicine that you need for your own specialized medical issues like insulin, inhalers or any other life-saving medication you need. This approach can be tricky for some types of medicine as some prescriptions are quite hard to refill before you've finished the amount you were prescribed. Some other types of medicine that are important to keep on hand are pain relievers, antidiarrheal medicines, orajel, amoxicillin, antacids, rubbing alcohol, and antibiotic ointment. A wound dressing is important as well so be sure to remember gauze. Infection can be an overlooked issue with prepping but can easily cause limb loss or death if not treated properly.

## 4. Bring The Baby Oil

Baby oil is another product that is easily overlooked but can be useful in a survival situation. In cold areas where you are outside in the elements a lot, baby oil can protect your exposed skin from dry or frostbitten skin. The risk for frostbite is highest for people who have reduced blood circulation. It is important for frostbite affected tissue to be removed immediately or gangrene and infection will take hold. Without the proper medication, infection can cause death. Baby oil will not completely eliminate the risk of frostbite, of course, but it will help delay the effects and is one of the easiest prepping hacks to follow.

## 5. It's All About The Silver

There are many different types of disaster that can happen at any moment and an economic collapse is one of those possibilities. If it ends up that the dollar no longer means anything in our society we will have to revert back to a monetary system that was in place before paper money was in place as a sort of IOU for the gold and silver it was supposed to represent. Like gold, silver can be used as a hedge against inflation, deflation or currency debasement.

## 6. The Multi-Purpose Pad

The pad, primarily used for feminine hygiene, is an extremely versatile tool and prepping hack. Along with compiling stockpiles of food, water, and other important supplies, pick up a package of pads for your survival stash. Pads can be used for absorbing lighter fluid to be used later and is extremely light to carry. The cotton material inside the pad can be used for water filtration or creating a wick. You can use it to

stop bleeding if you have a wound or clean a wound. They can be used with string to create a mask, shoe insoles, or an ice pack.

## **7. Creative Uses For Condoms**

Condoms are another cheap and easy-to-carry item that will be great in a survival situation. Aside for their intended purpose, these great prepping hacks can hold a gallon of water which can be a lot easier than toting around a water jug to do the same. However, once you fill a condom up with water they become highly susceptible to puncture even by small or blunt objects. I'd recommend keeping them around just in case, but not as your main means for keeping water. They are also great for keeping things dry like kindling or matches. The downside to using condoms for water or keeping things dry is the lubricant on the outside, but it's a small price to pay as an easy substitution for a water jug in a pinch or a way to keep life-saving matches dry.

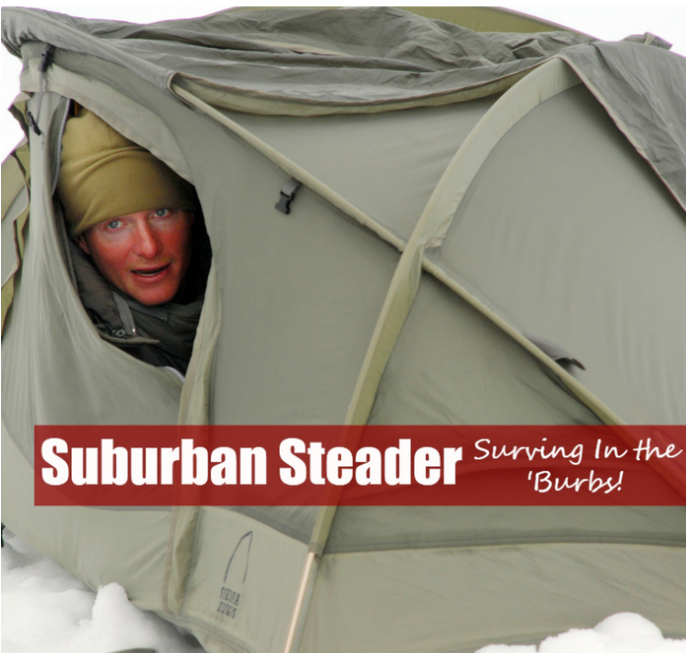
## **Survival and Prepping Hacks**

### **Wrap Up**

Whether your prepping stash includes a giant storage warehouse filled with all of the necessary belongings needed in case disaster strikes or just a small tote filled with a few necessities, hopefully, you discovered a few extra hacks to think about in the case of emergency. What unique prepping or survival hacks have you discovered?



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