

# Valley Food Storage Product Review

I hate long-term storage foods. If you know me, you know I like to cook and eat food that is made from scratch. Long-term storage food never tastes that way. So, to say I was skeptical when Valley Food Storage approached me and asked if I would try their White Bean & Lime Chili product would be an understatement. I had every expectation that I would greatly dislike their product and expected to write a negative review even though the reviews I read online were all positive.

Fortunately – for me and for Valley Food Storage – I was way wrong. Their product was great!

## Valley Food Storage – Initial Impressions

Given my background, most ‘stored’ food I’ve eaten in the past has been backpucker-ish meaning you don’t need much heat or water to get going. That is not the case with Valley Food Storage White Bean & Lime Chili. The directions call for 2-1/4 cups of water and specify boiling it on a stove top for 15-18 minutes. You’re not doing that with a backpacking stove. This package was definitely a prepper food!

The second impression I had was the smell when you opened it. Normally, when you open other backpacking and prepper food, you don’t smell anything as tasty. After looking at the ingredient list, I realized there was a reason why this product smelled so good. Valley Food Storage uses ingredients that you can pronounce and know what they are! There weren’t a lot of processed additives or ingredients. Image that – natural food, squared away for 25 years of storage. Awesome!

# Cooking Process

Cooking the Valley Food Storage White Bean & Lime Chili couldn't have been easier. I brought the 2-1/4 cups of water to a boil on my stove, added the ingredients of the package, whisked it up and let it sit in a gentle boil for about 17 or 18 minutes. At that point, I removed the chili from the heat and let it sit for about 5 minutes. I followed the process **exactly** as outlined on the bag and it couldn't have been easier.

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# Taste and Wrap Up

Wow! Most long-term storage food I've tasted has been fairly bland. This chili was not. I really enjoyed this meal. It was fresh and tasty. The beans were a bit strong (for lack of a better word) and you could tell they were rehydrated. That being said, a little meat would have offset them perfectly and made this dish awesome.

What I did not taste was a strong salt content. That's great. My experience has always been that meals like this are heavy in salt. This one from Valley Food Storage wasn't. That was a pleasant surprise.

So, would I recommend the Valley Food Storage White Bean & Lime Chili? Absolutely! **Moreover, I would recommend Valley Food Storage overall** because of their ingredients and the wholesome taste of their products.



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